

Contact your local Area office to notify any changes to published meeting information:

- **Al-Anon Family Groups Northern NSW Area:** Phone: (02) 4969 3889; Email: alanonnorthernnsw@bigpond.com
 - **Al-Anon Family Groups Western NSW Area:** Phone: (02) 4731 1442; Email: alanonpenrith@optusnet.com.au
 - **Al-Anon Family Groups Southern NSW Area (includes A.C.T.):** Phone: (02) 9570 3400; Email: office@al-anon-snsw.org.au
 - **Information Service Office in Canberra:** Phone: (02) 6249 8866
 - w indicates Wheelchair Access
 - h indicates Hybrid: Some members also present by electronic means
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- ALBURY, TUESDAY 7.30pm, Live Better Community Centre., 432 Townsend St, Albury (next to McDonalds)
 - ARMIDALE, MONDAY, 6.30pm, Baptist Church, 129 Rusden St
 - w h BALLINA, WEDNESDAY 6.30pm, St Mary's Anglican Church Admin Building , 24 Burnet St
 - BANORA POINT, MONDAY 6.30pm, Salvation Army, The Community Centre, cnr Woodlands & Leisure Drives
 - BATEMANS BAY, MONDAY 12.15pm, Anglican Church Hall, 6 Herarde St
 - w h BERRY, MONDAY 7.30pm, Berry Uniting Church,(friendship rooms) 77 Albert St. Opposite IGA car park
 - BUNDANOON, TUESDAY 1.00pm, Anglican Church Hall, Church St (top of Constitution Hill)
 - CHINDERAH, SUNDAY 4.00pm, Seventh Day Adventist Church, 83 Phillip St
 - COFFS HARBOUR, MONDAY 12.30pm, Presbyterian Church Hall, 14 Vernon St. (opposite "1 Duke St")
 - COOLANGATTA, FRIDAY 12.00 noon, St. Augustine Parish center 58 McLean St.
 - ECHUCA/MOAMA, TUESDAY, 10.30am,(2nd & 4th Tuesday of the month) St Aloysius Catholic Church, 17 Francis St, Moama
 - h ERSKINEVILLE, SATURDAY, 9.30am, St Mary's Catholic Church, 21 Swanson St
 - GLOUCESTER, WEDNESDAY, 11.00am (1st & 3rd Wednesday of the month), Gloucester Art Gallery, 25 Denison St (Level 1)
 - GRAFTON, TUESDAY, 12.00 noon, CWA Rooms, Market Square, Duke St
 - h w HUSKISSON, THURSDAY, 10.00am, Huskinsson Community Hall, 17 Dent Street
 - ILUKA MONDAY 12.30pm, Iluka Cub & Scout Hall, 2 Spenser St (**Phone 0413 436 046 to see if meeting is opened**)
 - KEMPSEY, MONDAY, 6pm, Parish hall besides Catholic Church, 36 Kemp Street
 - LEETON, MONDAY, 7pm, Seminar Room 2, Community Nurses Building, Leeton Hospital. (access via Myall Street)
 - h LISMORE, TUESDAY, 1.00pm, Southern Cross University, Rm1.82, Z Block, enter via Rifle Range Rd then open-air walkway through Z block. Room 82 is off the veranda at the rear
 - MACKSVILLE, WEDNESDAY, 7.30pm, Rear of Salvation Army Hall, Macksville, entrance is Nambucca Street
 - MAYFIELD, FRIDAY, 1.00pm, BaptistCare Community Centre, 88 Hanbury St
 - h MORISSET, TUESDAY, 10.30am, Uniting "Church in the Trees", 10 Stockton St (cnr Awaba & Kahibah Sts)
 - MORUYA, TUESDAY, 1.00pm, Presbyterian Church Hall, Evans St
 - NAMBUCCA HEADS, TUESDAY 10.30am, at rear and under Catholic Church, Mann St
 - h NOWRA, MONDAY, 11.00am, Salvation Army Hall, 162 St Anns St (closed public holidays)
 - h NOWRA, WEDNESDAY, 7.30pm, Shoalhaven Neighbourhood Services 41 Worrigeer Street (crn Osborne St.)
 - PORT MACQUARIE, TUESDAY 4.45pm, Conservatorium Mid North Coast, 56 Hollingsworth St
 - RAYMOND TERRACE, MONDAY 6.00pm, St John's Anglican Church, 45 Sturgeon St
 - h SALAMANDER BAY, Wednesday 11.30am, Salamander Bay Uniting Church, 174 Salamander Way
 - TAMWORTH, TUESDAY, 1.00pm, Baptist Church, 184 Hillvue Rd
 - TAMWORTH, THURSDAY, 7.00pm, Community Health Centre, Johnston House, Tamworth Base Hosp. Dean St
 - TUNCURRY /FORSTER, MONDAY, 7.30pm, Forster/Tuncurry Corps, 7 South Street
 - TUNCURRY, THURSDAY, 12.30pm, Uniting Church, 6 South St, (cnr Bent St), Tuncurry. Enter from Bent St.
 - TWEED HEADS, THURSDAY, 5.00pm **QLD TIME**, St Cuthbert's Anglican Church Hall, 13 Powell St (cnr Florence St)
 - TWEED HEADS, **ALATEEN**, THURSDAY, 5.00pm, St Cuthbert's Anglican Church Hall, 13 Powell St (cnr Florence St)
 - h ULLADULLA "Adult Children", TUESDAY, 10.00am, Community Resource Centre, 78 St Vincent St
 - h ULLADULLA, THURSDAY, 1.00pm, Community Resource Centre, 78 St Vincent St
 - WAGGA WAGGA, WEDNESDAY, 5.15pm, St Paul's Anglican Church, 31 Fernleigh Rd, Turvey Park
 - WAHROONGA, WEDNESDAY, 8.00pm, Presbyterian Church Hall, 14 Stuart St (cnr Illoura Rd)
 - WARNERS BAY, SATURDAY, 9.45am, Lions Hall, 2 Sweet St (cnr King St)
 - YAMBA, THURSDAY, 12.30pm, Community Centre , 24 Treeland Dve