

Contact your local Area office to notify any changes to published meeting information:

- **Al-Anon Family Groups Northern NSW Area:** Phone: (02) 4969 3889; Email: alanonnorthernnsw@bigpond.com
 - **Al-Anon Family Groups Western NSW Area:** Phone: (02) 4731 1442; Email: alanonpenrith@optusnet.com.au
 - **Al-Anon Family Groups Southern NSW Area (includes A.C.T.):** Phone: (02) 9570 3400; Email: office@al-anon-snsww.org.au
 - **Information Service Office in Canberra:** Phone: (02) 6249 8866
 - w indicates Wheelchair Access
 - h indicates Hybrid: Some members also present by electronic means
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- ALBION PARK RAIL, SATURDAY 2.30pm, Neighbourhood Centre, cnr Ash Ave & Tongarra Rd
 - w h BALLINA, WEDNESDAY 6.30pm, St Mary's Anglican Church Admin Building, 24 Burnet St
 - BANGALOW, FRIDAY 2pm, Bangalow Uniting Church 15 Station Street, Bangalow
 - BANORA POINT, MONDAY 6.30pm, Salvation Army, The Community Centre, cnr Woodlands & Leisure Drives
 - BATEMANS BAY, MONDAY 12.15pm, Anglican Church Hall, 6 Herarde St
 - BATHURST, TUESDAY 5.00pm, Uniting Church Hall, 140A William St, Bathurst
 - h BEGA, TUESDAY 5.00pm, Seventh Day Adventist Church Hall, 31 Upper Street
 - BEGA, THURSDAY 1.00pm, Seventh Day Adventist Church Hall, 31 Upper Street (back room)
 - w h BERRY, MONDAY 7.30pm, Berry Uniting Church, (friendship rooms) 77 Albert St. Opposite IGA car park (Closed Public Holidays)
 - h BONDI JUNCTION "Lunchtime", WEDNESDAY 12.00noon, Mill Hill Community Centre, 1st floor, 31 Spring St
 - BOTANY "Spiritual Concept", FRIDAY 8.00pm, Banksmeadow Public School, enter 60 Brighton St (off Stephen St), Banksmeadow
 - BRAIDWOOD "KEEP IT SIMPLE", WEDNESDAY 4.00 pm, St Andrew's Anglican Church, 47 Elrington St
 - BULAHDELAH, TUESDAY 6.00pm, Bulahdelah Uniting Church, 9 Blanch Street
 - CAMPBELLTOWN "Steps", MONDAY 7.30pm, St John's Catholic Church Complex (enter from Cordeaux St, white cottage at rear) (Back room off kitchen, main hall. Main entrance)
 - W CANOWINDRA THURSDAY 2.00pm, Orana House, 32 Ferguson St
 - CHINDERAH, SUNDAY 4.00pm, Seventh Day Adventist Church, 83 Phillip St
 - COFFS HARBOUR, MONDAY 12.30pm, Presbyterian Church Hall, 14 Vernon St. (opposite "1 Duke St")
 - COFFS HARBOUR, THURSDAY 6.00pm, Presbyterian Church, 14 Vernon St
 - h CURL CURL, TUESDAY, 7.30pm, Harbord Scout Hall, 43 Stirgess Ave.
 - DAVISTOWN, MONDAY, 10.30am, Davistown Progress Hall. Central Wharf, 5 McCauley St
 - DULWICH HILL, THURSDAY 6.00pm, Seniors Centre, 14 Seaview St (near library).
 - ECHUCA/MOAMA, TUESDAY, 10.30am, (2nd & 4th Tuesday of the month) St Aloysius Catholic Church, 17 Francis St, Moama
 - h ERSKINEVILLE, SATURDAY, 9.30am, St Mary's Catholic Church, 21 Swanson St
 - GLOUCESTER, WEDNESDAY, 3.00 PM (1st & 3rd Wednesday of the month), Gloucester Art Gallery, 25 Denison St (Level 1)
 - GRAFTON, TUESDAY, 12.00 noon, CWA Rooms, Market Square, Duke St
 - GRIFFITH, MONDAY, 7.00pm, Neighbourhood House, 80 Benerembah St
 - KATOOMBA, TUESDAY, 12 noon, St Hilda's Church Hall, 68 Katoomba St, Katoomba
 - KEMPSEY, MONDAY, 6pm, Demountable classroom behind Catholic Church, 36 Kemp Street
 - LAWSON "Adult Children", SATURDAY 1.00pm, Santa Maria Centre, 253 Great Western Hwy, Lawson
 - LEETON, MONDAY, 7pm, Seminar Room 2, Community Nurses Building, Leeton Hospital. (access via Myall Street
 - LISMORE, TUESDAY, 1.1pm, Southern Cross University, Military Rd (Z Block, 1st floor, Room 82) (Park at Goodman Carpark at the pool & gym and walk over the oval or bus to Z Block on Rifle Range Rd)
 - MACKSVILLE, WEDNESDAY, 7.30pm, Rear of Salvation Army Hall, Macksville, entrance is Nambucca Street
 - MAYFIELD, FRIDAY, 1.00pm, BaptistCare Community Centre, 88 Hanbury St
 - MORUYA, TUESDAY, 1.00pm, Presbyterian Church Hall, Evans St
 - MOSMAN, THURSDAY, 10.30am, St Clements Church, 144 Raglan St
 - NAMBUCCA HEADS, TUESDAY 10.30am, at rear and under Catholic Church, Mann St
 - NARABEEN, FRIDAY, 1.00pm, Narrabeen Baptist Church, 13 Grenfell Avenue, North Narabeen
 - NEWTOWN, FRIDAY, 12.30pm, Newtown Library (at rear), 10 Brown St.
 - h NOWRA, MONDAY, 11.00am, Salvation Army Hall, 162 St Anns St (closed public holidays)
 - h NOWRA, WEDNESDAY, 7.30pm, Shoalhaven Neighbourhood Services 41 Worrigeer Street (crn Osborne St.)

- ORANGE, MONDAY 6.00pm, St Barbabas Anglican Church, 26 Dora St
- PARRAMATTA, WEDNESDAY, 12.00 noon, New Library, 2nd Floor, 1 Fitzwilliam St. Raffles Building
- PORT MACQUARIE, TUESDAY 4.45pm, Conservatorium Mid North Coast, 65 Hollingsworth St
- RAYMOND TERRACE, MONDAY 6.00pm, St John's Anglican Church, 45 Sturgeon St
- h RIVERWOOD "Newcomers", MONDAY 1.30pm, St Andrew's Church Hall, 9 Littleton St (opposite Club Rivers)
- h ROZELLE "Steps and Traditions", WEDNESDAY 6.00pm, Senior Citizens' Centre, 608 Darling St
- h ROZELLE "Paths to Recovery" SUNDAY 10.30am, Hannaford Community Centre, 608 Darling Street
- h SALAMANDER BAY, Wednesday 11.30am, Salamander Bay Uniting Church, 174 Salamander Way
- SPRINGWOOD, WEDNESDAY 12 noon, Springwood Presbyterian Church Hall, 160 Macquarie Rd
- STRATHFIELD, THURSDAY 12 noon, St John Hospital, 13 Grantham St, Burwood
- TAMWORTH, TUESDAY, 1.00pm, Baptist Church, 184 Hillvue Rd
- h w TUGGERANONG LUCHTIME WEDNESDAY 12.30pm Salvation Army Building 209-215 Anketell St (cnr Reed St)
- TUNCURRY, THURSDAY, 12.30pm, Uniting Church, 6 South St, (cnr Bent St), Tuncurry. Enter from Bent St.
- TWEED/COOLANGATTA, FRIDAY 12.00 noon, St. Augustine Parish center 58 McLean St.
- TWEED HEADS, THURSDAY, 5.00pm **QLD TIME**, St Cuthbert's Anglican Church Hall, 13 Powell St (cnr Florence St)
- TWEED HEADS, **ALATEEN**, THURSDAY, 5.00pm, St Cuthbert's Anglican Church Hall, 13 Powell St (cnr Florence St)
- h ULLADULLA "Adult Children", TUESDAY, 10.00am, Community Resource Centre, 78 St Vincent St
- h ULLADULLA, THURSDAY, 1.00pm, Community Resource Centre, 78 St Vincent St
- WAHROONGA, WEDNESDAY, 8.00pm, Presbyterian Church Hall, 14 Stuart St (cnr Illoura Rd)
- WARNERS BAY, SATURDAY, 9.45am, Lions Hall, 2 Sweet St (cnr King St)
- WENTWORTHVILLE, THURSDAY, 12 noon, Uniting Church (hall at rear), 115 Station St
- h WINDSOR, FRIDAY, 11.00am, The Salvation Army Hall, 290 George St
- h WOLLONGONG, THURSDAY, 12.30pm, Lighthouse Church, 1 Railway Station Square, ground floor)
- h WOY WOY, SATURDAY, 2.00pm, Peninsula Community Centre, 93 McMasters Rd,
- WYOMING, TUESDAY, 7.30pm, Church of Christ, 299 Henry Parry Dr
- WYONG, SATURDAY, 4.30pm, Wyong Neighbourhood Centre, 15 Alison Rd (Room 5 up ramp of Rankens Crt)