"To think of Tradition Seven as a protection for my spiritual growth is humbling and freeing... I now know that not only do I get to give my money and service, but I also get to receive miracles in abundance."

Paths to Recovery—Al-Anon's Steps, Traditions, and Concepts, B-24, pp. 198-9.

"If I see that something could be strengthened in my group, it's up to me as much as anyone to help strengthen it. In this way I can live by Tradition Seven and keep my group self-supporting." *Hope For Today*, B-27, p. 187.

To review the **Spiritual Principles of Al-Anon's Self-Support** refer to 'Financial Matters' in Al-Anon/Alateen Service Manual 2018-2021 version two (2), (pp. 101-2).

> "We support Alateen with our money as well as give freely of our time and effort. This is how we make sure Alateen will be there in the future for others who need it."

> Alateen–Hope for Children of Alcoholics, B-3, p. 39.

"If you have received help, and you no doubt have, why not give to further the cause for the peace and serenity of future members."

Anne B., Cofounder of Al-Anon, 1958.

### WAYS TO PAY:

### • Direct Deposit/Direct Debit:

Pay directly into Al-Anon Family Groups Australia BSB 063-158 Account 1003-5455

### • https://www.al-anon.org.au/members

Members can donate to the Australian General Service Office (AGSO) using EFT: Direct Debit or Credit Card, or PayPal or PayID. Personal donations to **Al-Anon Australia General Fund** are gratefully received online via GiveNow:

https://www.givenow.com.au/alanonaustraliageneral

### • Cheque:

Make payable to 'Al-Anon Family Groups AGSO' and send to: GPO Box 1002, Melbourne Vic 3001

# ADMINISTRATION OF AGSO FUNDS:

• **The Executive Committee,** meeting bi-monthly, monitors the day-to-day operations of the AGSO, maintaining careful control over all income and expenditure decisions.

• **The General Service Board,** meeting quarterly, is the principal planner and ultimately responsible for all financial decisions.

• **The Australian Service Conference** reviews and approves the AGSO's audited financial statements and annual budget. The main points and the budget are then published in the Australian Conference Summary each year.

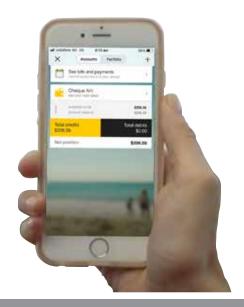
• The latest externally audited report is always available from the AGSO.

AL-ANON FAMILY GROUPS (AUSTRALIA) PTY LTD ACN 005 700 12 | ABN 20 005 700 112

GPO Box 1002, Melbourne Vic 3001 Telephone (03) 9620 2166 (Mon.—Thurs.) https://www.al-anon.org.au

X-21 Seventh Tradition

# **Seventh Tradition**



"Every group ought to be fully self-supporting, declining outside contributions."

This Tradition suggests that Al-Anon is fully self-supporting at all levels of service. In our —

- Groups
- Districts
- Area Office, and Assemblies, at the
- Australian General Service Office, and
- the World Service Office

# THE SEVENTH TRADITION

To support Al-Anon's essential services in Australia, the following suggestions may aid any group wishing to meet all of its financial responsibilities.





Provide for the basic group expenses, such as rent, refreshments, and fresh supplies of Conference Approved Literature (CAL).



Divide remaining funds on any suitable basis to contribute to Al-Anon's whole service structure:



## DISTRICT AND AREA SERVICES:

to support the Area Assembly, the Area Committee and Area Delegate undertake Public Information and Institutions work, throughout the Area, the Area Information Service Office needs to be supported in their Twelfth Step work and other services.



# AUSTRALIAN GENERAL SERVICE OFFICE (AGSO):

to support its services to groups and in helping to carry the Al-Anon message throughout Australia.

# 6

# WORLD SERVICE OFFICE (WSO):

which provides policy and guidance for Al-Anon worldwide.

#### HOW YOU AND YOUR GROUP CAN CONTRIBUTE:

(1) TRI-ANNUAL APPEAL. In response to each appeal letter, whenever possible, the group sends excess funds in the group treasury. Special fundraising functions may be held. Some groups prefer to contribute monthly or quarterly.

(2) BIRTHDAY PLAN. In gratitude for Al-Anon, members like to contribute \$1.00 per year for each year in the fellowship. You can ask that the group be credited.

(3) INDIVIDUAL CONTRIBUTIONS. Limited to \$50,000 annual contributions from individual Al-Anon or Alateen members, and may be sent directly to the AGSO.

(4) IN MEMORIAM GIFTS. Any Al-Anon or Alateen member may make contributions to the AGSO in memory of anyone now deceased.

(4) BEQUESTS. The AGSO accepts a one time legacy from any Al-Anon member in any amount. Contact AGSO for details.

(6) SPECIAL CONTRIBUTIONS. Proceeds from Al-Anon/Alateen conventions, anniversaries, fundraisers, dinners, Area get-togethers, and so on. (Contributions received from an AA Convention, offered to Al-Anon as acknowledgment of its participation at these functions, may be accepted by the AGSO.) Ref. G-7 Al-Anon/Alateen Participation In An AA Convention, p. 4.

#### YOUR CONTRIBUTION TO THE AGSO HELPS IT TO:

- Serve the 360+ Al-Anon and Alateen groups throughout Australia registering new groups, maintaining group records, overseeing the website, publishing 'Contacting Al-Anon in Australia', sharing solutions to problems.
- Provide assistance and starter pack to new groups.
- Plan and host the annual Australian Service Conference.
- Import Conference Approved Literature (CAL) from the World Service Office, and with WSO's permission, reprint selected CAL items in Australia.
- Carry the message through Public Information (PI) and cooperation with professionals, supporting and encouraging Area PI Coodinators.
- Publish and distribute our monthly magazine, Austra-Link, to groups and individual members, and Alateen Link-Up for Alateen groups.
- Maintain communication with Lone Members, arrange a sponsor if requested, supply free literature and regular copies of Austra-Link.
- Answer enquiries from the media, the medical profession, students and others seeking Al-Anon information.
- Encourage the formation of Al-Anon groups in treatment facilities and correctional institutions.
- Distribute information and relevant material to Area Coordinators around Australia.