



Stay Well, Stay Connected and Keep the program Alive!

23 May 2020 Victorian Southern Area Update

Spiritual Principles of Al-Anon's Self Support - Tradition Seven is Gratitude in Action

[Al-Anon/Alateen Service Manual 2018-2021....Page 101]



We can't
control the
wind

We can
adjust the
sails

Shared by a grateful member.....

***"Please take good care of
yourselves and others in your life.
While we can't hold hands, we can
bring our hearts closer"***

*Australian Service Conference
May 30, 2020*

Theme "Harmony"

*Concept Four addresses a deep
spiritual need – belonging. When
we participate with a group of
people bound by a common goal,
we may discover that we can be
connected to others, rather than
be isolated and alone.*

*[Reaching for Personal Freedom
(P-92) page 136]*

For Current Electronic meetings..... Follow Link:

<https://www.al-anon.org.au/coronavirus>

Thank you for ALL member donations

Four Ways to Donate

(Please Consider ONCE A MONTH)

Keep It Simple and HELP reduce excess administration

****Please include your Name and the reference DON**

1. Your Group's District

Members could donate to their Group's District. The District then donates. If there's no active District Rep use options 2, 3 or 4

2. Victorian Southern Area (VSA)

Bank: Commonwealth Bank

Account name: Al-Anon Family Groups Victorian Southern Area Inc.

BSB: 063 001 **Account number:** 0090 3408

3. Australian General Service Office (AGSO)

a. Australian General Service Office (AGSO) bank account details for Electronic Funds Transfer:

BSB: 063 158 **Account No.:** 1003 5455

b. Credit Card Options are available using **PayID** and **PayPal**

4. GiveNow Platform

Personal Donations to both Al-Anon Australia (AGSO) and Al-Anon Southern Victorian Area can be made via the **GiveNow** platform:

Website: <https://www.givenow.com.au> Search "Al-Anon"

You will receive a tax-deductible receipt immediately after the donation is completed, and also be able to view all your donation history and download your annual donation statements at tax time.

A link will also be added to the Al-Anon VSA area of the website to make this easy for you.

**ALL DONATIONS OVER \$2 TO VSA OR AGSO ARE
TAX-DEDUCTIBLE. RECEIPTS WILL BE PROVIDED.**

Grateful face-to-face meetings may start transitioning back.... In the meantime whether you're attending on-line meetings or supporting or being supported by fellow members please DONATE to AL-ANON as you're able.

Kindly communicate ALL your Group changes via the VSA Office

VSA office remains closed Limited (CAL) Literature sales - order from VSA now!